



# inspiring

lives and environments

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# Developments...

**The Inspire Centre:** is a self contained state of the art recreational facility specifically designed for use by those who may have physical, neurological or learning disabilities. Designed over two floors, the unit contains a spa hydro-therapy pool, gymnasium equipment, two sensory rooms and a Creative Suite which is a large learning zone with teaching facilities, interactive technology and computers. The Creative Suite can also be used for arts, crafts and in-house recreational activities.

These facilities are available for use by service users within The Careline Lifestyles Group and by private individuals and organisations by booking in advance. For further information on The Inspire Centre, please contact Adila Chaudhry Tel: 0191 273 0303



**St Stephen's Court:** the extension to St Stephens is now complete and consists of individual units providing specialist care and support.

**Brunel Gardens:** provides specialist care and support for individuals with an acquired brain injury or neurological disorder who may also need support due to associated complex needs and possible mental health issues. The service consists of seven bedrooms with it's own en-suite wet-room and level access to two lounge areas.

**Assessment Suite:** two large rooms with their own en-suite wet-room, equipped with nursing beds are available at St Stephens enabling us to assess individual's needs prior to admission.

**Brunel Apartments:** four luxurious self contained living areas with their own lounge, kitchen, bedroom and en-suite wet room set within the care home. This concept provides Service Users with neurological disabilities and acquired brain injuries the ideal environment to lead a more independent lifestyle, while still having the support of our team on site.

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Brunel Terrace, Newcastle upon Tyne, NE4 7RL



Careline Lifestyles

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**Spire View:** offers a therapeutic, homely environment for young people with Autistic Spectrum Disorders, Asperger's Syndrome and complex needs that may challenge the service and individuals that require intense levels of support. The accommodation includes 6 large bedrooms with it's own en-suite wet-room, two sitting rooms, a dining area and access to a patio and garden area and the facility to develop a kitchen/ sensory garden as part of a therapeutic programme.

**Lanchester Court:** work is about to commence to separate the apartments from the main complex. This will create an independent living unit for the 10 apartments with their own access and personal identity. The new complex will be called Cleadon Court.

Service Users within the apartments will have specific support plans for Activities of Daily living to promote independent living skills, including devolved provisions budgets as part of their support plan around budgeting and promotion of independence skills which will provide outcomes for reviews by purchasers. All service users in the apartments will be supported to budget, shop, cook and dine within their own apartments.

**Deneside Court:** Located at Fellgate, Jarrow, the unit will provide support and nursing care for adults with neurological, learning and physical disabilities. Work is due to commence June 2011 with completion scheduled for early Summer 2012. This will create employment opportunities within the local community during the build phase and permanent full and part time positions when the Home is complete.

**Wilkinson Park:** Careline Lifestyles are delighted to have purchased Wilkinson Park, a well established 17 bed residential care home supporting people with learning disabilities. In addition to the main two storey building, there is a separate apartment for four service users and a cottage adjacent to the home which provides accommodation for two people. Located in the rural village of Rothbury, Northumberland, Wilkinson Park is set within 5.5 acres and has workshops and large gardens for the use of Service Users.

With it's rural location Wilkinson Park will provide the ideal environment for service users within The Careline Lifestyles Group of Homes access to structured outdoor activities.



Wilkinson Park, Rothbury, Morpeth, Northumberland, NE65 7DP

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**Neville's Court:** is a luxurious new development providing four modern residential apartments centrally situated in Durham. It is a new project specifically designed to meet the needs of individuals who may have a learning disability, autistic spectrum disorder, and/or an additional Mental Health difficulty.

The aim of the service is to support, stabilise and provide a pathway to other 'ordinary living' models of care and bespoke transition programmes will be designed to reflect the specific needs of the individual.

There are two apartments with private lounge/kitchen, bedroom and wet-room and two studio apartments with similar accommodation. A communal foyer contains a seating area with plasma screen and access to a central office where support staff are located.



Nevilles Court, Nevilles Cross, Darlington Road, Durham, DH1 4JX

**Lyons Court:** the conservatory annex link between Lyons Court and Bowes Court is now complete, providing the residents of Lyons Court and their families with access to the Cafe Bar within Bowes Court which serves an array of options ranging from delicious light snacks to a full Sunday lunch, all made fresh to order and served by our in-house chef.

**Job opportunity created**

This has created an employment opportunity for Georgie, a service user of Bowes Court who prior to his accident was a Commis Chef. Since being at Bowes Court, Georgie has completed his NVQ in Catering and assists in-house chef Ian Gibson with food preparation, cooking and serving residents and guests in the Cafe-bar.

## New Sites Acquired

**Hartlepool:** A 1.4 acre site previously used as a medical centre situated near Hartlepool General Hospital is currently being cleared for development by The Careline Lifestyles Group, to provide residential support and nursing care for adults with neurological, learning and physical disabilities.

**Middlesbrough:** Subject to planning, a 1 acre site adjacent to The Lansdowne Centre for the

physically disabled and close to James Cook Hospital has been identified to build a state of the art, independent living pioneering model for adults with neurological, learning and physical disabilities in order for our service users to fulfil the transitional pathways.

**Training Suite:** In order to provide bespoke internal training by our in-house Training Manager Kay Murray, additional office space has been acquired at Head Office in Regent Centre. The Training Suite will be fully furnished and equipped with stand aids, hoists, dummies etc to ensure all mandatory and specialist training requirements are met and adhered to by our team and will be fully operational by August 2011.

# What's Happening in our Homes...

## St Aiden's Cottage / St Bedes's Cottage / The Old Vicarage:

We're all very excited for Ken who is preparing for his holiday to Jersey this Summer. Booked using Avalon Freedom Travel, a company that specialises in providing holidays with care and support for disabled people, we have organised successful holidays for other Service Users with this company in the past and have no doubts that Ken will have a fabulous time and be well looked after.

Lynn and Patricia still enjoy knitting and crocheting and are currently doing baby blankets for members of staff here at Bearpark who are expecting baby's and grandchildren.



## Lyons Court:

### My Say Discussion Forum



Lyons Court held the first of its My Say meetings Thursday 19 May where residents and family members enjoyed tea and cakes with the Registered Manager of the Home Christina Barnett and Group Marketing Manager Moya Goodyear and discussed what we're doing well at Lyons Court and what changes they would like to happen in the future.

This event will take place on a regular basis, with the next one having an Ascot Theme with strawberry's and Pimms cocktails which will be held 14 June 2011.

A competition was held with residents, families and staff all competing to win Marks and Spencer vouchers to name each floor of Lyons Court.

- **Raby Floor** is the new name of the Nursing Unit on the Ground Floor and was suggested by Mary Deighton
- **Auckland Unit** is the name of the EMI Unit on the middle floor suggested by Mary Dent
- **Windsor Floor** is the name chosen for the residential unit on the top floor by Robert Crampton

Our congratulations and gratitude to all who participated.

We are delighted with the positive feedback received by Lyons Court Care Home on the recent Care Home Quality Assessment undertaken by Durham County Council which involved an in-depth assessment of all aspects of running the Home, ranging from: contracts and assessments, risk, capacity, staffing and management, health and safety, safeguarding, equal opportunities, service users, nutrition, health and hygiene, complaints, confidentiality and data protection, environment, financial issues, medication and appropriate and safe equipment. The overall score was a very positive 82%.

This highlights the fact that the team at Lyons Court provide quality care and support to our residents in a safe, clean, comfortable, environment.

# What's Happening in our Homes...

## St Stephen's Court:



An Easter Party and Hunt the Egg Competition were held at St Stephens, much to the enjoyment of Service Users and Staff



Congratulations and very best wishes to William and Kate – service users, families and friends celebrated your big day with a Royal Wedding BBQ!!



Bernadette thoroughly enjoyed participating in a Community Arts Project for adults with learning disabilities run by The Welcome Project Art Group, which was displayed at Benwell Park.

# What's Happening in our Homes...

## Bowes Court:

Service Users are enjoying regular Pool Days at Bowes Court, with Thursday and Friday being nominated as 'Pool Day'.



Recent trips out include a fabulous day at Seaton Carew beach where a picnic prepared by chef Ian was enjoyed on the beach in glorious weather and a trip to Hardwick Park where we explored the gardens and visited the animals.

John is also entertaining us all with renditions of 50's and 60's music on his guitar. We are hoping he learns something more recent soon!

Georgie and Philip have taken up a new hobby – Coarse Fishing and attend a local Fishing Lake on a weekly basis.



**Unfortunately**, a much valued member of our team, Debbie Wilson had a tragic accident falling from her horse. Debbie went into a coma and didn't recover, leaving a husband and 2 sons. We all extend our very deepest sympathy to her family at their unexpected loss.

One of the first people who moved into Bowes Court, Keith has also died. A well respected, elderly gentleman, staff, other service users and social workers alike held Keith with special affection and attended his funeral, organised by Mary Summerson, the Manager of Bowes Court, where they all sang his favourite hymn and songs: Ave Maria, Ke-sera-sera and 'sent him off' with a rip-roaring rendition of Raw Hide, having clubbed together to purchase a cowboy hat shaped wreath.

# What's Happening in our Homes...

## Lanchester Court:

Ged and William had a lovely day out at Tynemouth, visiting the Blue Reef Aquarium and a walk along Tynemouth Beach. Carers accompanying them said "We all had a wonderful time at the Aquarium and enjoyed our walk along the promenade. The sea air ensured that we were all tired and content at the end of the day! We are looking forward to our next trip to the seaside."



Staff at Lanchester Court are keen to gain additional qualifications with Mark Howlett and Amy Taylor signing up for the NVQ Level 3 in Health and Social Care and Vicky Rae, Brenda Tupper, Alan Wombwell, Diane Langthorne and Scott Agar commencing NVQ Level 2 in Health and Social Care. This links the practical experience these Carers gain in their employment with Careline Lifestyles and the theory provided in the course work.

A big fan of Michael Ball, Maggie went to see his next concert in Newcastle at the Arena as a birthday treat.

# Inspire Me - Inspire Us

Careline Lifestyles are about to implement a quarterly 'Inspirational Awards System' within The Group: 'Inspire Me' - 'Inspire Us'.



## Inspire Me

Is an Award given to an Individual in the work place who goes above and beyond their job description to improve and inspire the lives of those they care and support by going 'that extra mile' ie Staff who treat their role as a vocation and not 'just a job'.

All staff are invited to vote for the person they most admire and who gives them inspiration within the Home they work.

The person with the most votes will be awarded with a certificate, plaque and personal gift.

## Inspire Us

This Award is to be given to the Home in the Careline Lifestyles Group, that inspires the other Homes within The Group and for it be the model of best practice. Every home will 'self-nominate' by way of completing a statement outlining the aspects that they do well. This will encompass not only the occupancy of the Home but also the quality of the lives that are experienced within that service.

The Home will be awarded with the purchase of an item that they most desire that would benefit the service and it's clients, decided by the Manager and staff.

## Inspirational Awards Ceremony

The in-augural winner of the 'Inspire Me' Award will be announced at the company's 25th anniversary celebration party which is to be held in each Home on Saturday 3rd September. The Winner and Home Manager will be invited to attend the overall company celebration on Monday 5th September at a celebratory lunch where the 'Inspire Us' winner will be announced.

The deadline for nominations for both Awards is Friday 19 August.

# New Appointments...

Some of the recent people to join our expanding team...

## Head Office:

Horsley House North  
Regent Centre  
Gosforth  
Newcastle upon Tyne  
NE3 3TZ  
Tel: 0191 284 0231  
Email: [info@carelinelifestyles.co.uk](mailto:info@carelinelifestyles.co.uk)



**Gemma Mitchelson**  
HR Manager



**Kay Murray**  
Training Manager

## Lyons Court:



**Christina Barnett**  
Registered Manager

## Lanchester Court:



**Pauline Steele**  
Administrator

## St Stephens:



**Adila Chaudhry**  
Clinical Auditor